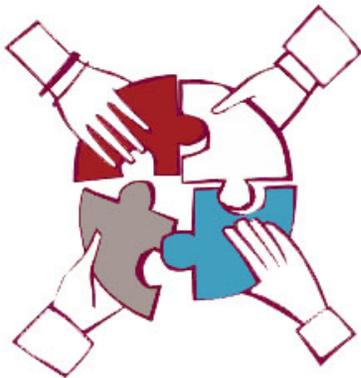


SERVICES OFFERED:

- General Therapy
- Group Therapy
- Case Management
- Substance Abuse Counseling
- Psychiatry



Kansas City CARE Clinic

Midtown:
3515 Broadway
Kansas City, MO 64111

Prospect:
6400 Prospect, Suite 200
Kansas City, MO 64132
(Research Medical Center campus)

816.753.5144 (Main)
816.777.2722 (Behavioral Health intake)
www.kccareclinic.org

Vision

Creating solutions for a healthy community

Mission

The mission of Kansas City CARE Clinic is to promote health and wellness by providing quality care, access, research and education to the underserved and all people in our community.

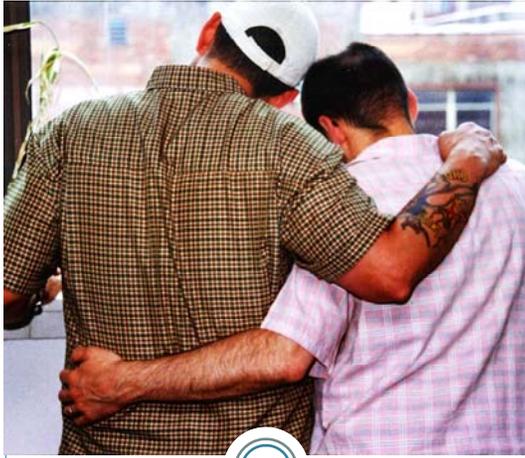
We accomplish our mission by:

- Respecting the dignity of each individual
- Serving a diverse community
- Providing culturally competent quality care
- Working collaboratively with volunteers
- Cultivating partnerships throughout our community
- Adapting to the changing needs of the community
- Embracing health care innovation and research
- Educating the health care workforce
- Maximizing our financial resources



BEHAVIORAL HEALTH PROGRAM

Kansas City CARE Clinic
*Providing Care, Access, Research and
Education since 1971*



How to get help:

Since 1971, the Kansas City CARE Clinic (formerly known as the Kansas City Free Health Clinic) has served the community's changing health needs. Today, we are proud to offer a wide variety of Behavioral Health services to our patients.

To learn more about the Behavioral Health Department and how it can help you, please call either the Clinic's main line at 816.753.5144 or the Behavioral Health intake line at 816.777.2722. We look forward to hearing from you.

Visit us on the web at
www.kccareclinic.org

SERVICES OFFERED:

CASE MANAGEMENT

Case management is a service used to help clients understand their current medical, social, economic, and behavioral health needs and what can be done to meet those needs. Case managers assess the needs of their clients to help them and provide access to resources in the community, enabling their clients to achieve goals more effectively and efficiently.

GROUP THERAPY

Group therapy is a form of therapy in which one or more therapists treat a small group of clients together as a group. Group therapy allows clients to share experiences and feelings so as to remove any sense of isolation, validate their experiences, and raise self-esteem. The group is a place where members can empower and inspire each other through sharing experiences.

SUBSTANCE ABUSE

COUNSELING

Substance abuse counseling helps clients understand the nature of substance abuse and modify their addictive behaviors to break the cycles of dependence. Professionals in Substance Abuse Counseling and Therapy also work with friends and family of addicted individuals.

GENERAL THERAPY

Therapy is the interaction or treatment between a trained professional and a client, patient, family, couple, or group, aiming to increase the individual's sense of his/her own well-being. Therapists use techniques based on relationship building, communication and behavior change that are made to improve mental health, relieve distress of a client, or improve group relationships (such as in a family). Therapy may also be performed by practitioners with a number of different qualifications, including psychiatry, clinical psychology, counseling psychology, clinical or psychiatric social work, mental health counseling and marriage and family therapy.

PSYCHIATRY

The medical specialty devoted to the study and treatment of medical conditions affecting human psyche. A psychiatrist is a medical doctor who specializes in the diagnosis, treatment, and prevention of emotional conditions. Because they are doctors, psychiatrists can assess both the emotional and physical aspects of psychological distress through medical and psychological tests. When combined with diagnostic interviews with patients, psychiatrists try to understand the relationship between emotional and medical illnesses, make a diagnosis, and work with a patient to develop a treatment plan.

